

Trust in the E!

E... is for E

- o Your only ability is your accountability
 - o Get better everyday
 - o Compete everyday

E... is for E

- o If you're not early, you are late
- o Practice Time IS game time!!!
- o School AND soccer: Manage your time wisely.

E... is for E

- o COMPETE!!!
- o Play with intensity every day
- o Practice like you play

E... is for E

- o Excellence isn't a one-time thing, it's an "ADVENTURE"
 - o Determination on and off the field
 - o Take care of your body
 - o Fix yourself before you fix anyone else

E... is for E

- o Encourage everyone everyday Everywhere
 - o Be a positive Life force
- o Respect & Believe in yourself and the team

E... is for E

- o Expect to win, Outwork everyone, outwork yourself
 - o Conditioning- tackle your fears
- o Finish the season better and stronger than you started

Lead by example because the "E" never comes off!

"We over Me" is EUHS Soccer Strong

#exeterbuilt